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This is to certify that

Sophie Buchan

has successfully completed the course

Paediatric First Aid

with the British Red Cross

Content outlined on page 2 has been delivered in accordance
with currently accepted first aid practice.



Mike Adamson
Chief Executive

Certificate

Valid from:

13 May 2022

Valid to:

13 May 2025

Certificate No:

15421-PAE

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BAAAGCXD



Name: Sophie Buchan
Course: Paediatric First Aid
Duration: 2 days

Course Content

- Dealing with an emergency	Assessing a casualty, monitoring a casualty, where to get help, electrical incidents
- Unresponsive and breathing baby, child and adult	Unresponsive and breathing baby and child and suspected spinal injury
- Unresponsive and not breathing baby, child and adult	
- AED*	Chain of survival, use of an AED*, safety considerations (Children only)
- Choking baby, child and adult	
- Hygiene techniques	
- Bleeding and wounds	Bleeding heavily from a wound (limb, embedded object in a wound, scalp/head), small wounds and bruises, small blisters and splinters, nosebleed, eye wounds, bites and stings
- Shock	Shock and internal bleeding
- First aid kits	
- Burns	
- Objects in the ears and nose	
- Accident recording, reporting and administering medication	
- Heat exhaustion	
- Hypothermia	
- Fever and febrile seizures	
- Vomiting and diarrhoea	
- Meningitis	
- Asthma attack	
- Seizures	
- Severe allergic reaction	
- Diabetic emergency	
- Bone, muscle and joint injuries	Broken bones, dislocations, strains and sprains, spinal injury
- Head injury	
- Harmful substances	Poisoning and swallowed something harmful

*Automated External Defibrillator

Training has been delivered in accordance with currently accepted first aid practice.