



CHECKLIST: HOW TO BECOME A MATERNITY NURSE

IS CARING FOR NEWBORNS THE RIGHT CAREER FOR YOU?



1. You will need to become business savvy.

You will be your number one advocate

- ☐ Are you prepared to be a business owner? With that comes amazing freedom but also, the 'not so fun' tasks such as doing your own accounts.
- ☐ Do you feel comfortable talking about money?

** In our business workshops we explore contracts, money and the do's and don't when it comes to being self-employed.

2. Are you a night owl?

Many parents are looking for support during the night

- ☐ Are you prepared to accept that with some jobs you won't get much sleep and at times you are going to be tired?
- ☐ Are you able to take time out at the end of jobs to rest and look after yourself?

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3. Prepare your partner!

If you do not have a partner, then you can skip this step!

- ☐ Are they OK with you working at night and weekends?
- ☐ Can the household budget handle it?
- ☐ Are they ready to support you with the household/childcare etc... tasks?
- ☐ Will they cheer for you when it gets tough?

4. Do you enjoy flying solo?

Build support systems around you

- ☐ You are likely to spend a lot of time on your own (i.e. you + baby) when working as a Maternity Nurse. Do you thrive on working in a busy team or do you like your own company?
- ☐ Are you prepared to invest in a tablet (iPad) and books, so that during those quiet times (at night) you are prepared?
- ☐ Connecting with others is important and will help you feel supported. Are you prepared to seek out other Maternity Nurses and Night Nannies online (and offline) so that you can connect with others?

5. Willing to get out there and get experience:

Practice makes perfect (well not necessarily perfection, but builds confidence and skills)

- ☐ If you don't have much newborn experience, find as many friends and family as possible that have babies that you can support.

**Although we recommend you have some experience with newborns before attending our course, We offer a newborn work experience scheme to help you develop skills and confidence.

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6. Get your bank account ready!

- ☐ Do you have some startup money available for print materials i.e. business cards?
- ☐ Do you have living expenses available to you while you are growing your business?

**A lot of the marketing steps are free (like the business and coaching support service we offer).

7. Are you committed to being the best!

Being the best takes time and commitment

- ☐ Guidelines regularly change, are you prepared to invest in you and keep up to date?

8. Can you afford to commit to a career change, while building your client base?

Being flexible is key at the beginning

- ☐ Are you willing to travel to where the work is? (which may mean internationally!)

9. Are you passionate about newborns?

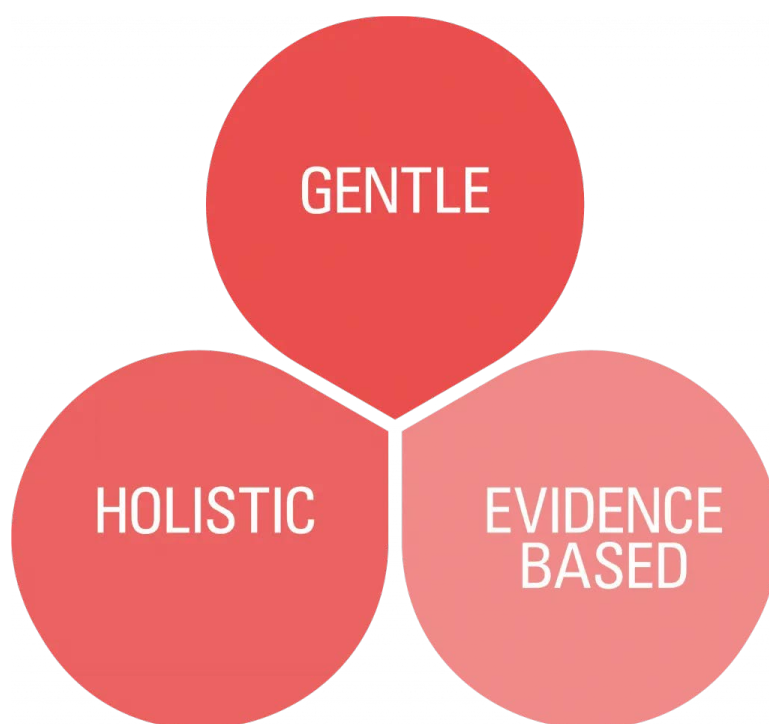
Are you nurturing, giving, gentle and kind? These are some great traits you should have as a Maternity Nurse. Do you love caring for babies and new parents?

- ☐ Why do you want to do this work?
- ☐ Are you a good listener?

OVERVIEW OF BABYEM

Babyem specialise in providing Newborn Care Education both in the UK and Internationally. Our industry-approved courses are accredited through Open College Network (OCN).

At Babyem holistic and evidence-based practice is at the heart of everything we teach.



We provide accredited courses suitable for a wide range of professionals including Childminders, Health Professionals, Nursery Workers and Private and Domestic staff.

MORE ABOUT BABYEM



WHAT WE STAND FOR



WHO WE ARE



OUR MATERNITY COURSES



OUR COURSES ARE RECOMMENDED BY LEADING MATERNITY NURSE AGENCIES.



"At Nannies Incorporated we need our maternity nurses to be the best in the industry. We work closely with Babyem and are continuously impressed by their level of maternity and nanny training, some of which we have undertaken ourselves. We recommend Babyem as they support our maternity nurses and nannies to gain the knowledge and confidence needed to successfully help our families."

- **Nannies Incorporated**



"Having attended the Level 3 & 4, I saw first hand the superior content and I can highly recommend Babyem as a maternity nurse course provider. Those with a background in childcare wishing to train as a maternity nurse should enrol and, after completing the course, should accept as many Babyem training placements as possible to kick start their career. The 2-day courses are intensive and all students will leave brimming with essential knowledge and confidence."

- **Maternally Yours**



"We at Eden know the importance of a good maternity course. We are really impressed not only with the content of the Babyem course and all that it covers, but also the teaching style and the flow of the day. The Eden team believe it will go a long way in helping maternity nurses keep up-to-date with new working practices."

- **Eden Private Staff**



"Professional Nannies and Maternity Nurses need to keep up to date with their training and development. Our Nanny candidates have given us good feedback about the courses offered by Babyem, which cover a comprehensive range of skills and subjects for both childcare professionals and parents."

- **Greycoat Lumleys**



Babyem are proud to be rated 1st out of 7000+ training companies on independent review site FreeIndex



"Although I had worked as a nanny for 16 years prior to completing the maternity nurse training, without this course and the placements and ongoing support I don't think I would have been working as a Maternity Nurse. I learned so much evidence-based information that really helped me understand the importance of why certain approaches are followed."

- **RABIA DOUCOURE**
Maternity Nurse



"The online maternity course exceeded my expectations and explored all possible topics that I could imagine, all of which was based on scientific research. If you are looking for something that can actually teach you about how to be a Maternity Nurse in depth you will not be disappointed. Thank you Babyem!"

- **ANNA CHRYSA RUTTER**
Nanny & Montessori Teacher

